



John Flutter Dental

Orthodontics without braces



MRC Clinics Brisbane



Professionals' Courses by Dr John Flutter

Straight teeth don't grow by accident!

For children to grow up with straight teeth they need the following:

- ✓ Lips together at rest
- ✓ The tongue resting in the roof of the mouth
- ✓ Breathing through the nose
- ✓ No lip or cheek movement on the subconscious swallow

In order to help achieve these patterns Dr John Flutter provides three courses to train dentists and their staff to acquire the necessary skills.

● Biobloc Stage 1 Appliance

● Bent Wire System

● Postural Correction & Breathing Retraining



Dr John Flutter

BDS (London) Dental Surgeon

Dr Flutter qualified as a Dentist in 1971 and has been practising orthodontics for 40 years. In 2007 he opened his practice in Brisbane that focuses treatment on the growing child. He now works exclusively in dentofacial orthopaedics and orthodontic treatment for children and adults.

Dr Flutter is the Queensland State President of the Australian Association of Orofacial Orthopaedics and is a certified Breathing Practitioner.

Dr Flutter has lectured on Myofunctional Influences on Facial Growth and the dentition in 66 different countries in the last 12 years as well as publishing articles in journals throughout the world, including the IAO journal "The Negative Effects of Mouth Breathing".

Phone 07 3852 3555

Email enquiries@jfdental.com



Professionals' Course Outlines

● Biobloc Stage 1 Appliance (Two days)

The Biobloc Stage 1 is used to increase the size of the upper arch to make room for the tongue to rest in the roof of the mouth in the minimum time.

The appliance was developed by Dr John Mew & uses Crozat cribs to hold the appliance in place. This special cribbing is needed to hold the plate in place 24 hours a day to allow for 'semi-rapid' expansion - approximately 1mm of arch expansion a week, a rate that will neither tip buccal teeth nor damage the midline suture.

I have been using these appliances for over 25 years with a great deal of success but they do require practice in adjusting the appliances in order to obtain the maximum benefit.

On the first day we will spend the morning adjusting Biobloc appliances before observing my Biobloc patients in care. There are several adjustments to make each month & we will practice them all. We will have a session on trouble shooting & also appliance design.

This course is **hands-on** & during the second day you will have the opportunity to see my Biobloc patients & do the adjustments yourself.

By the end of the course you will be able to design a Biobloc stage 1 appliance for primary, mixed & permanent dentition. You will be able to adjust the appliance throughout its use & be able to identify those cases that need this appliance. You will also be able to identify & rectify the occasional problems that arise.

The course will be for dentists, therapists & orthodontists only. This is a small class with limited bookings available. This is an essential skill for those dentists who want to go on to use Dr Mew's stage 3 appliance.

● Bent Wire System (Two days)

The bent wire appliance is used to develop the size of the upper or lower arch while at the same time allowing room for the tongue to rest & function in the palate. I use it in the late mixed & permanent dentition to develop the arches used in combination with a Trainer to correct moderate malocclusions.

This is a **hands-on** wire bending course. Once the wire bending skills have been mastered you will have the opportunity to see my Bent Wire patients & be able to adjust the appliances. We will have a session on trouble shooting as well as appliance design.

The course will be for dentists, therapists & orthodontists only. Limited bookings available per class.

This is an essential skill for those dentists who want to provide myofunctional orthodontics in conjunction with Trainers from the Myofunctional Research Company.

● Postural Correction & Breathing Retraining (Two days)

The purpose of this course is to train the dentist, orthodontists & their staff on how to help their patients establish nasal breathing.

I have been working with breathing correction for about 15 years & have now developed a programme that we deliver to children in groups to help them learn to breathe through the nose.

This course is **hands-on**, combining both the background physiology, biochemistry & the clinical application. Once the techniques have been learned you will be able to practice your skills on my patients.

This course will prepare your team to deliver the programme to patients. Much of the delivery can be done by a trained assistant so we highly recommend & encourage assistants to attend this course.

This is an essential skill for those dentists who want to help children to establish nasal breathing to maintain stability after orthodontic treatment.



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Professionals' Course Schedule

Hands-on experience with patients!

Courses 2012

DESCRIPTION	DATES	MONTH
● Bent Wire System	5 th & 6 th	May
● Biobloc Stage 1	2 nd & 3 rd	June
● Breathing Retraining	28 th & 29 th	July
● Breathing Retraining	24 th & 25 th	November

Course Details

STRUCTURE	Two days, Saturday & Sunday	TIME	9:00am to 5:00pm daily
VENUE	John Flutter Dental	CPE	16 hours
ADDRESS	117 Warry Street Fortitude Valley QLD 4006	CATERING	Fully catered – Morning tea, Lunch, afternoon tea & refreshments

More Info...

- ✓ Approx **5-6 hours hands-on** practical patient time during BB1 & BWS courses
- ✓ **Live training** & assessment sessions **with patients** during Breathing Retraining course
- ✓ **Assistants** can attend BB1/BWS for observation purposes at additional fee of \$200 each
- ✓ **Payment plans** are available, on request, via Direct debit for up to 12 months
- ✓ **Accommodation** is available across the road at "Spring Hill Terraces" Ph (07) 3854 1048

NUMBERS STRICTLY LIMITED

Course enquiries to Amy - enquiries@jfdental.com

Phone 07 **3852 3555**

Email enquiries@jfdental.com



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Professionals' Services

● Intern/Observation Visits

Dr John Flutter welcomes the opportunity for Professionals' & Assistants to visit for observation to enable a chance to see how our practice is operated.

Request our **Events Calendar** to ensure your intern days are booked during an "Action-filled" period including: Info Seminars, Breathing Programmes, Ortho Exams, Case Presentations, Trainer sessions, appliance fittings, BB1 & BWS adjustments.

Intern Rates for 1 or 2 persons (including GST):

\$77 per hour, **\$550** per day or **\$2,200** per week.

● Internal Training Visits

Practice visits to provide internal training at your Clinic is now available. This is conducted by our Myofunctional Therapist (Kylie) who is primarily responsible for conducting patient Trainer Sessions & Breathing Retraining Programmes within our Practice.

This is ideal for Professionals who have attended Dr John's Breathing Retraining Programme or recently introduced the MRC Trainer appliances; that require further guidance to successfully implement & deliver these programmes to patients.

Internal Training Rates (including GST):

\$440* per day or **\$1,760*** per week

*PLUS airfares & accommodation.

● Practice Support Services

Additional support services can be provided ranging from general practice organisation, structuring of contracts, preparing for Seminars/Case Presentations & integration of systems or documentation.

Our Practice Manager (Lynne) is available for support which can be used via phone, email or one-on-one tutorials. This service can be purchased in hour blocks & used as required in smaller portions.

● Documents & BRP Kits

Practice documents are available as templates which can be edited, formatted or customized to your preference. Patient documents, evaluation sheets, Breathing Retraining & Trainer Workbooks as well as pre-made Breathing Retraining kits.

● Ortho Lab On-Site

John Flutter Dental has its very own On-site Ortho Lab & experienced technician providing high quality appliances for our patients as well as other Practices through out Australia. The most highly demanded appliances include the Biobloc Stage 1 & Bent Wire System. **Price Lists** for appliances & other lab services are available on request.

● Digital Measuring Devices

Digital Measuring Devices are now available. This device allows you to measure & record patient lip strength. Show your patients the measurable changes & improvements made when incorporating Trainer appliances, Trainer activities or Orofacial Myology exercises. \$110 including GST & postage.

Ask about our range of **Groovy Buttons** for "Button Pull" lip exercises. Buttons are ideal tools for developing lip strength & are used in conjunction with the digital measuring device. Examples:



● More Info

Email the Course Coordinator (Amy) via

enquiries@jfdental.com

Visit our website at www.jfdental.com

● Practice Location

117 Warry Street
Fortitude Valley QLD
(Brisbane)

